Philipp H. Halfmann

Author - Sports Science Expert - TV Contributor

Exercise and sports science expert, author of numerous publications with over 15 years of experience in the tennis, fitness, collegiate and professional sports industry.

Graduate degree in Exercise and Sports Science and NCAA division 1 strength and conditioning coach experience.

Formulated strength and conditioning programs leading to collegiate school records and national championships.

Ability to convey educational content in front of the camera, eliminate athlete-specific injuries and optimize athletes' performance.

Fluent in English and German.





Speaking Points

- How to Become A Successful Athlete
- Strength & Conditioning for Athletes
- Strength & Conditioning for Tennis
 Touring Coaches
- How to Become A Quality Strength & Conditioning Coach

Career Highlights

- M.S. Exercise & Sports Science
- Director of Exercise & Sports Science (IAAPH)
- Correspondent for Tennis Conditioning TV
- Author
 - Advanced Concepts of Strength & Conditioning for Tennis
- Strength & Conditioning Coach
 - Professional athletes
 - NCAA division 1 athletes
- Head Tennis Professional for Fred Stolle at Fairmont Turnberry Isle Resort & Club
- Tennis Touring Coach



Contact

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